



Florida Sport Horse Club Newsletter

May 2026

<https://floridasporthorseclub.com/>

floridasporthorseclub@gmail.com

Calendar of Club Rides and Events

Dedicated to trail riding and the preservation of the many riding areas in Central Florida.

**Rides begin promptly at the specified time.
Please be mounted and ready!**

Officers:

President:

Mike Charron

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VP for Trails:

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Club Shirts: Barbara Charron

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Dine-Arounds: Barbara Lassiter

barbgeiger123@comcast.net

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- **Saturday, May 23, 8:30am:** Club ride at Marshall Hampton Reserve, Thornhill Rd. Trail bosses Cheryl & Jeff Kreitman.
- **Saturday, May 30, 8:30am:** Club ride at Alafia River Corridor South Preserve. Trail boss Janet Schneider
- **Saturday, June 6, 8:30am:** Club ride at Lower Green Swamp. Trail bosses Cheryl & Jeff Kreitman
- **Tuesday, June 9, 11:15am:** Club Dine-Around. The Pantry, Auburndale
- **Saturday, June 13, 8:30am:** Club ride at Gator Creek. Trail boss Janet Schneider
- **Monday, June 15, 6:00pm:** Club dinner & business meeting at the north Lakeland Golden Corral
- **Saturday, June 20, 8:30am:** Club ride at Lake Louisa State Park. Trail boss Susan Buchanon
- **Saturday, June 27, 8:30am:** Club ride, location TBA. Trail boss Karen Turbeville
- **Saturday, July 4, 8:30am:** Club ride at Tenoroc. Trail boss Barbara Charron
- **Friday, November 6-Friday, November 13:** Club campout at Tillis Hill.

Check the **“Upcoming Events”** section of our web page at <https://floridasporthorseclub.com/> or the **“Events”** section of the Club’s Facebook page (depending on your device, click on “About” and scroll down to events OR click on “More,” then on “Events” from the drop-down menu).

News

We all decided that it's getting to the boiling point outside, so **the next business meeting will be moved back inside to the north Lakeland Golden Corral on June 15.**



We thank **Sammie and Karen Turbeville** for the water projects both the **Hampton Tract and Green**

Swamp West campgrounds. The Hampton Tract was Tuesday, April 28, and we thank the 11 people who came: Karen and Sammie, Aubrey and Doris Haynie, Maureen and Greg George, Jeff Kreitman, Sharon Fields, Mike Charron, Mary Futch, and Janet Schneider.



The Green Swamp West campgrounds in West were done on May 18 with 11 people. Ladies Doris Haynie, Barbara Lassiter, Karen Turbeville, and Maureen George; gentlemen Steve Lassiter, Aubrey Haynie, Jeff Kreitman, Sammie Turbeville, Greg George, and Mike Charron.

May's Dine-Around was Abuelo's Mexican restaurant in Lakeland with 11 people. The next will be **Tuesday, June 9 at the Pantry, Auburndale.** RSVPs to Barbara Lassiter by Friday, June 5, please.

Karen Turbeville is arranging **camping for Thanksgiving & Christmas** at Green Swamp West, Ashley campground:

- Thanksgiving, Wed 11/25 - Tues 12/1st
- Christmas, Thurs 12/24 - Wed 12/30

Anyone wishing to camp must let Karen know as soon as possible.

Six spots left! Cheryl Kreitman has reserved our **Tillis Hill** sites in November 2026. She has blocked out campsites 1 - 15 and stalls 1 - 30 for 7 nights in November of 2026, with an arrival date of Nov. 6th, departure date Nov 13th.

It's almost time to begin planning our annual August membership BBQ party. It was tentatively discussed at our May meeting, with the thought that instead of purchasing the meats from a local restaurant a few members could prepare and bring a variety of meats—pulled pork, roast chicken, ham, etc. This would save the club kitty for some of our community projects instead. Stay tuned.....

We have great people in the club, with many working behind the scenes to keep our events and rides good for everyone. We'd like to give a big shout-out to 2 of those people today:

- **Susan Buchanon** has been our Treasurer for several years now. She pays our bills, e.g. renewing the annual corporation fee, paying for our web page, and managing our albeit small bank account. She also ensures that we always have enough supplies of plates, cutlery, table coverings etc., and often does so quietly out of her own pocket. She even delivers those supplies to the appropriate people if she can't attend herself.
- **Barbara Lassiter** has held a number of roles in our club's history, including trail boss and secretary. She's serving now as our Dine-Around Coordinator, which doesn't sound like much until one has to actually do it. She has to pick the restaurant, ensuring the location, food, parking and seating are good for our people. She calls and negotiates with the designated restaurant, which always wants to know an EXACT number of diners so tables can be set and enough staff are on hand. Wrangling and tracking RSVPs from our group can be very challenging, too! The job is tougher than one might think.

Ray Cagle has warned that **hay supplies** might be in short supply if we don't get rain soon. Don't let your stores get too low.

If you're interested in a **club shirt**, please contact Barbara Charron. They are available in a variety of colors and styles, and are sold at cost.



Remember the club's web page if you need the club's calendar, find a trail map or read the most recent newsletter.
<https://floridasporthorseclub.com/>.

Do you have an idea for a topic or guest speaker at one of our business meetings? If so, please let Mike Charron know.

The **weekday pickup rides** aren't always advertised, so if YOU want to ride during the week please email Janet. She can pass the message along to the club with your desired ride place, day and time.

If you see unfamiliar faces at our rides and events, please introduce yourself and invite them to club activities. People are welcome to join us a few times before they decide to become a member.
And remember—guests must sign a hold harmless that the trail bosses will provide. Please escort the guests to the trail boss of the day!

Follow our Facebook page or web page to all our events, news, and tips are listed. You can even review our club!



Tips & Activities by Members:



Our sympathies go out to **Deonne Williams** on the loss of her mother.

Louise and John Short are both having health challenges. Louise had surgery about a month ago and is facing another in the near future. John is consulting a surgeon to manage his back pain.

Carol Jennings has gone to Scotland for vacation.

Mary Futch is getting to see her granddaughter Jordan, Jordan's husband Robbie, and her own horse CD compete at a cow horse competition in Georgia.

Steve Lassiter is still dealing with testing to find the cause of his back/leg pain.

Sammie Turbeville is working through the hoops prior to his back surgery, which will hopefully be done this summer.

Lori Shank is going to Alaska!

Barbara Lassiter will be going to a Wyoming dude ranch with her daughter and grandkids in June.



Classifieds:



Ray and Sunny Cagle raise quality hay in Groveland from the “Hay Hay Ray” company. Several of our members swear by their Tifton, and they also have alfalfa and Coastal. Call Sunny at 407-467-7000 for more information.

Safe Horses for Parties, Weddings, Community outreach, pictures and/or therapy. Reasonable rates; call Marianne Mozelle, 863-255-7300.

Join the club! Meet some great people who love their horses. Follow us on Facebook and visit us online at <https://floridasporthorseclub.com/>. Happy Trails, where we hope to see you soon!



BEMER has developed a special signal tailored to the equine body that can improve impaired microcirculation. Through optimally configured coils in the horse blanket, the leg wraps, and the neck applicator, this patented signal operates through a magnetic field on the body of the horse. Through the use of BEMER, an enhancement in relaxation can be achieved, which is a prerequisite for optimal training and overall performance!



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- >> Speeds up the recovery process after injury.

*Effects of BEMER physical vascular therapy in horses under training. A randomized, controlled double-blind study, 2017, University of Milan.

FOR MORE INFORMATION

Dr. Lori Shank / ljsdum@gmail.com / 863-207-8487



Florida Sport Horse Club, Inc
Membership New/Renewal Form
August through July, 20__ to 20__



Please complete the form and return it with your check, **payable to the Florida Sport Horse Club**,
 Welcome to our club!

Name(s) _____ Single \$15.00
 _____ Family \$25.00

Joining before September 30? Add a 1-year subscription to Horse & Pony for an extra \$10. Yes _____

Total paid: _____

Address: _____

Email: _____ Birthday: _____

Home phone: _____ Cell: _____

Emergency contact name & phone: _____

For and in consideration of the activities, services and fees paid, Participant hereby does forever and finally release, remise, acquit, satisfy and forever discharge the Florida Sport Horse Club, Inc. (FSHC) of and from all manner of action and actions, cause and causes of action, suit, debts, dues, sums of money, bonds, billings, contracts executions, claims and demands whatsoever, in law or in equity, which may arise for or against the FSHC for the activities of the Association. This document is meant to be a full and complete release from any and all liability that may arise from participating in the activities of the FSHC. The Participant gives this release freely and voluntarily.

 Signed (include legal guardian if under 19 years of age)

 Date

 Other Family Member(s)

 Date

Please submit this form and your membership fee to:

Florida Sport Horse Club
c/o Susan Buchanan
9210 Evans Road
Polk City, FL 33868
starlabuchanon@yahoo.com

**The newsletter is sent electronically and is posted on the club's web page each month. If you do not have access to email or Internet, please contact the Club Secretary so it can be snail-mailed to you.