



# Florida Sport Horse Club Newsletter

## April 2026

<https://floridasporthorseclub.com/>

[floridasporthorseclub@gmail.com](mailto:floridasporthorseclub@gmail.com)

### Calendar of Club Rides and Events

Dedicated to trail riding and the preservation of the many riding areas in Central Florida.

**Rides begin promptly at the specified time.  
Please be mounted and ready!**

#### Officers:

President:

Mike Charron

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VP for Trails:

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Treasurer:

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863-640-0761

Secretary/Newsletter Editor:

Janet Schneider

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Committees/Ancillaries:

Club Shirts: Barbara Charron

[fillyblewbayou@yahoo.com](mailto:fillyblewbayou@yahoo.com)

Dine-Arounds: Barbara Lassiter

[barbgeiger123@comcast.net](mailto:barbgeiger123@comcast.net)

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- **Saturday, April 25, 8:30am:** Club ride at Walk-in-Water. Trail bosses Cheryl & Jeff Kreitman
- **Saturday, May 2, 8:30am:** Club ride at Gator Creek. Trail bosses Cheryl & Jeff Kreitman
- **Saturday, May 9, 8:30am:** Club ride at Lake Louisa State Park. Trail bosses Cheryl & Jeff Kreitman
- **Tuesday, May 12, 11:15am:** Club Dine-Around. Abuelo's Mexican Restaurant, Lakeland
- **Saturday, May 16, 8:30am:** Club ride, potluck & business meeting at Tenoroc. Trail bosses Cheryl & Jeff Kreitman
- **Saturday, May 23, 8:30am:** Club ride at Marshall Hampton Reserve, Thornhill Rd. Trail bosses Cheryl & Jeff Kreitman.
- **Saturday, May 30, 8:30am:** Club ride at Alafia River Corridor South Preserve. Trail boss Janet Schneider
- **Friday, November 6-Friday, November 13:** Club campout at Tillis Hill.

Check the **"Upcoming Events"** section of our web page at <https://floridasporthorseclub.com/> or the **"Events"** section of the Club's Facebook page (depending on your device, click on "About" and scroll down to events OR click on "More," then on "Events" from the drop-down menu).

# News

**Our next potluck and business meeting** will be held after our **May 16 ride at Tenoroc**. Come for the ride if possible, otherwise feel free to show around 11:30-ish for a potluck lunch followed by a brief business meeting.

We thank **Sammie and Karen Turbeville** for working with SWFWMD to fix the water spigots at both the **Hampton Tract and Green Swamp West campgrounds**. The Hampton Tract workday has been set for Tuesday, April 28 at 8:30; Karen will send out all details to those volunteering. Workers are asked to bring post hole diggers, tamping sticks and screw guns if they have them. Lunch will be provided, but please bring your own drinks and chair.

Once the Hampton Tract is completed a date will be set for the Ashley and Cumpresco campgrounds in Green Swamp West.

April's Dine-Around was at Arabella's in Winter Haven, with 21 people. The next will be **Tuesday, May 12 at Abuelo's Mexican Restaurant, Lakeside Village, Lakeland**. RSVPs to Barbara Lassiter by Friday, May 9, please.

Karen Turbeville is arranging **camping for Thanksgiving & Christmas** at Green Swamp West, Ashley campground:

- Thanksgiving, Wed 11/25 - Tues 12/1st
- Christmas, Thurs 12/24 - Wed 12/30

Anyone wishing to camp must let Karen know as soon as possible.

The Puma won the Tampa Bay Derby and another horse named Further Ado took second. Hopefully they both do well in the **Kentucky Derby** on May 2nd.

**Rockin' W Ranch/A Heart for HEROs** is looking for volunteers for Special Olympics—the season has started, and they have a record number of enrolled participants.

**Six spots left!** Cheryl Kreitman has reserved our **Tillis Hill** sites in November 2026. She has blocked out campsites 1 - 15 and stalls 1 - 30 for 7 nights in November of 2026, with an arrival date of Nov. 6th, departure date Nov 13th.

If you're interested in a **club shirt**, please contact Barbara Charron. They are available in a variety of colors and styles, and are sold at cost.

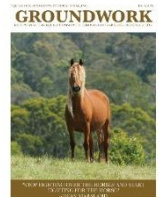


**Remember the club's web page** if you need the club's calendar, find a trail map or read the most recent newsletter.

<https://floridasporthorseclub.com/>.

**Do you have an idea for a topic** or guest speaker at one of our business meetings? If so, please let Mike Charron know.

Lori Shank is reminding members of a free online magazine from the Equine Collaborative International. Click on the below link to find it.



[https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.dropbox.com%2Fscl%2Ffi%2Fvfr3pwl662qbjpt2b60m3%2FGroundwork-Fall-2025\\_FINAL.pdf%3Frlkey%3Dob2ssm8fbdxrb5zselfw3o1ou%26st%3Dod62y29g%26dl%3D0&data=05%7C02%7C%7C5274ce83457b42c2a97c08de21f8a780%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638985549040700517%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIlwLjAuMDAwMCIlAioiXaW4zMilSkFOljoiTWFpbCIsIlIdUljoyfQ%3D%3D%7C0%7C%7C%7C&sdata=a2%2FRQ4nhgdubkxq8D7CFZ1F9mUwqPLRBq%2BKcReHi4zg%3D&reserved=0](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.dropbox.com%2Fscl%2Ffi%2Fvfr3pwl662qbjpt2b60m3%2FGroundwork-Fall-2025_FINAL.pdf%3Frlkey%3Dob2ssm8fbdxrb5zselfw3o1ou%26st%3Dod62y29g%26dl%3D0&data=05%7C02%7C%7C5274ce83457b42c2a97c08de21f8a780%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638985549040700517%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIlwLjAuMDAwMCIlAioiXaW4zMilSkFOljoiTWFpbCIsIlIdUljoyfQ%3D%3D%7C0%7C%7C%7C&sdata=a2%2FRQ4nhgdubkxq8D7CFZ1F9mUwqPLRBq%2BKcReHi4zg%3D&reserved=0)

The **weekday pickup rides** aren't always advertised, so if YOU want to ride during the week please email Janet. She can pass the message along to the club with your desired ride place, day and time.

**If you see unfamiliar faces** at our rides and events, please introduce yourself and invite them to club activities. People are welcome to join us a few times before they decide to become a member.

**And remember—guests must sign a hold harmless that the trail bosses will provide. Please escort the guests to the trail boss of the day!**

**Follow our Facebook page or web page** to all our events, news, and tips are listed. You can even review our club!



## Tips & Activities by Members:



We salute **Mary Lou and Dave Waugh**, who have been married for 60 years!

**Barbara Lassiter** will be going to a Wyoming dude ranch with her daughter and grandkids in June.

**Mike Charron's seasoned horse Blew**, who has been working as a Special Olympics horse with Kathy and Cowboy Everly, helped his rider pull in gold in a recent World Equestrian Center show.



## Classifieds:



**Ray and Sunny Cagle** raise quality hay in Groveland from the "Hay Hay Ray" company. Several of our members swear by their Tifton, and they also have alfalfa and Coastal. Call Sunny at 407-467-7000 for more information.

**Safe Horses for Parties, Weddings, Community outreach**, pictures and/or therapy. Reasonable rates; call Marianne Mozelle, 863-255-7300.

Join the club! Meet some great people who love their horses. Follow us on Facebook and visit us online at <https://floridasporthorseclub.com/>. Happy Trails, where we hope to see you soon!



### New technology for your horse's well-being

BEMER has developed a special signal tailored to the equine body that can improve impaired microcirculation. Through optimally configured coils in the horse blanket, the leg wraps, and the neck applicator, this patented signal operates through a magnetic field on the body of the horse. Through the use of BEMER, an enhancement in relaxation can be achieved, which is a prerequisite for optimal training and overall performance!



#### HORSE BEMER BENEFITS

- >> Increases physical performance and optimizes suppleness.
  - >> Promotes relaxation and regeneration after exertion.
  - >> Improves the anesthetic experience; regeneration after surgery.
  - >> Supports parasympathetic processes in the organism.
  - >> Improves microcirculation and vasomotion.\*
  - >> Speeds up the recovery process after injury.
- \*Effects of BEMER physical vascular therapy in horses under training. A randomized, controlled double-blind study, 2017, University of Milan.



#### FOR MORE INFORMATION

Dr. Lori Shank / [ljsdvm@gmail.com](mailto:ljsdvm@gmail.com) / 863-207-8487



**Florida Sport Horse Club, Inc**  
**Membership New/Renewal Form**  
**August through July, 20\_\_ to 20\_\_**



Please complete the form and return it with your check, **payable to the Florida Sport Horse Club**,  
 Welcome to our club!

Name(s) \_\_\_\_\_  Single      \$15.00  
 \_\_\_\_\_  Family      \$25.00

Joining before September 30? Add a 1-year subscription to Horse & Pony for an extra \$10. Yes \_\_\_\_\_

Total paid: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

Email: \_\_\_\_\_ Birthday: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Emergency contact name & phone: \_\_\_\_\_

For and in consideration of the activities, services and fees paid, Participant hereby does forever and finally release, remise, acquit, satisfy and forever discharge the Florida Sport Horse Club, Inc. (FSHC) of and from all manner of action and actions, cause and causes of action, suit, debts, dues, sums of money, bonds, billings, contracts executions, claims and demands whatsoever, in law or in equity, which may arise for or against the FSHC for the activities of the Association. This document is meant to be a full and complete release from any and all liability that may arise from participating in the activities of the FSHC. The Participant gives this release freely and voluntarily.

\_\_\_\_\_  
 Signed (include legal guardian if under 19 years of age)

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Other Family Member(s)

\_\_\_\_\_  
 Date

Please submit this form and your membership fee to:

**Florida Sport Horse Club**  
**c/o Susan Buchanan**  
**9210 Evans Road**  
**Polk City, FL 33868**  
**starlabuchanon@yahoo.com**

\*\*The newsletter is sent electronically and is posted on the club's web page each month. If you do not have access to email or Internet, please contact the Club Secretary so it can be snail-mailed to you.