



# Florida Sport Horse Club Newsletter

## March 2026

<https://floridasporthorseclub.com/>

[floridasporthorseclub@gmail.com](mailto:floridasporthorseclub@gmail.com)

### Calendar of Club Rides and Events

Dedicated to trail riding and the preservation of the many riding areas in Central Florida.

**Rides begin promptly at the specified time.  
Please be mounted and ready!**

#### Officers:

President:

Mike Charron

[mike@rps-fl.com](mailto:mike@rps-fl.com)

863-670-4727

VP for Trails:

Cheryl & Jeff Kreitman

[ckreitman61@gmail.com](mailto:ckreitman61@gmail.com)

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407-474-4539

Treasurer:

Susan Buchanan

[starlabuchanon@yahoo.com](mailto:starlabuchanon@yahoo.com)

863-640-0761

Secretary/Newsletter Editor:

Janet Schneider

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863-944-6788

Committees/Ancillaries:

Club Shirts: Barbara Charron

[fillyblewbayou@yahoo.com](mailto:fillyblewbayou@yahoo.com)

Dine-Arounds: Barbara Lassiter

[barbgeiger123@comcast.net](mailto:barbgeiger123@comcast.net)

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- **Saturday, March 21, 9:00am:** Club ride at Alafia River Corridor South Preserve. Trail boss Janet Schneider
- **Saturday, March 28, 8:30am:** Club ride at Lower Green Swamp. Trail bosses Cheryl & Jeff Kreitman
- **Saturday, April 4, 8:30am:** Club ride at the Hampton Tract, Rock Ridge Rd. Trail bosses Cheryl & Jeff Kreitman
- **Saturday, April 11, 8:30am:** Club ride at Tenoroc. Trail bosses Cheryl & Jeff Kreitman
- **Tuesday, April 14, 11:15am:** Club Dine-Around. Arabella's, Winter Haven
- **Saturday, April 18, 8:30am:** Club ride at Colt Creek, leaving from the Middle Lakes parking. Trail bosses Cheryl & Jeff Kreitman
- **Monday, April 20, 6:00pm:** Club dinner & business meeting at the north Lakeland Golden Corral
- **Saturday, April 25, 8:30am:** Club ride at Walk-in-Water. Trail bosses Cheryl & Jeff Kreitman
- **Friday, November 6-Friday, November 13:** Club campout at Tillis Hill.

Check the **“Upcoming Events”** section of our web page at <https://floridasporthorseclub.com/> or the **“Events”** section of the Club's Facebook page (depending on your device, click on “About” and scroll down to events OR click on “More,” then on “Events” from the drop-down menu).

# News



**Drew's Eagle Project**

I'm Drew Gross from troop 786, and I am working with Lake Louisa State Park to rebuild all 6 horse paddocks at their equestrian campsites. This will make a safe place for equestrian camping available to for the community. Your support is greatly appreciated.

Construction Dates: March 13-15 and 20-22

Contact Info: Phone: 407-414-3049 Email: drew78993@gmail.com

Zelle GoFundMe

Club members have been generous in contributing to the reconstruction of **the Lake Louisa equestrian paddocks!** Susan sent a club check for \$570; some folks sent their money directly to Drew. We thank you all and look forward to seeing the new paddocks, which are already being built.

**The Poker Ride** was held February 21 with 33 riders. Donations totaled \$381; Total costs equaled \$454.96, leaving a deficit of \$73.96 to the Friends. 17 Florida Sport Horse Club members worked the event, contributing a total of 116.45 donated hours to the park.

March's Dine-Around was at Lucille's American Café in Winter Haven, with 17 people. The next will be **Tuesday, April 14 at Arabella's, Winter Haven.** RSVPs to Barbara Lassiter by Friday, April 10, please. **And if you know of a good restaurant for our group, please let Barbara know!**

Karen Turbeville is already arranging **camping for Thanksgiving & Christmas** at Green Swamp West, Ashley campground:

- Thanksgiving, Wed 11/25 - Tues 12/1st
- Christmas, Thurs 12/24 - Wed 12/30

Anyone wishing to camp during these dates, please let Karen know as soon as possible as the permit will be requested soon.

As recently-elected **President of the Florida Forever Back Country Horsemen, Karen Rossman** has been busy with membership and Facebook. She's also been meeting with Florida Forestry to request trailheads on the northern edge of the Withlacoochee Forest; there are great trails there, but little access and parking for horse trailers.

Polk County put together a nice video of the 2026 **"Water, Wings & Wild Things"** event. The club received a few seconds of fame at the 5:11-second mark (Mary Lou and Janet D.) and at 6:56 (Michelle). Check it out at <https://youtu.be/N1Zh2c6CTXo?si=U78TTvJ4HEPELJeV>



Kathy and Cowboy Everly, along with Mike Charron, provided pony rides at the annual **"Day Without Disabilities."**

**Rockin' W Ranch/A Heart for HEROs** is looking for volunteers for Special Olympics—the season has started, and they have a record number of enrolled participants.

**Save the Dates!** Cheryl Kreitman has reserved our **Tillis Hill** sites in November 2026. She has blocked out campsites 1 - 15 and stalls 1 - 30 for 7 nights in November of 2026, with an arrival date of Nov. 6th, departure date Nov 13th.

If you're interested in a **club shirt**, please contact Barbara Charron. They are available in a variety of colors and styles, and are sold at cost.



Remember the club's web page if you need the club's calendar, find a trail map or read the most recent newsletter.

<https://floridasporthorseclub.com/>.

Do you have an idea for a topic or guest speaker at one of our business meetings? If so, please let Mike Charron know.

Lori Shank is reminding members of a free online magazine from the Equine Collaborative International. Click on the below link to find it.  
[https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.dropbox.com%2Fscfl%2Ffi%2Fvfr3pwl662qbpt2b60m3%2FGroundwork-Fall-2025\\_FINAL.pdf%3Frlkey%3Dob2ssm8fbdxrb5zselfw3o1ou%26st%3Dod62y29g%26dl%3D0&data=05%7C02%7C%7C5274ce83457b42c2a97c08de21f8a780%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638985549040700517%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIslAIiOiJXaW4zMilslkFOljoiTWFpbGlldUljoyfQ%3D%3D%7C0%7C%7C%7C&sdata=a2%2FR](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.dropbox.com%2Fscfl%2Ffi%2Fvfr3pwl662qbpt2b60m3%2FGroundwork-Fall-2025_FINAL.pdf%3Frlkey%3Dob2ssm8fbdxrb5zselfw3o1ou%26st%3Dod62y29g%26dl%3D0&data=05%7C02%7C%7C5274ce83457b42c2a97c08de21f8a780%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C638985549040700517%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIslAIiOiJXaW4zMilslkFOljoiTWFpbGlldUljoyfQ%3D%3D%7C0%7C%7C%7C&sdata=a2%2FR)

The **weekday pickup rides** aren't always advertised, so if YOU want to ride during the week please email Janet. She can pass the message along to the club with your desired ride place, day and time.



If you see **unfamiliar faces** at our rides and events, please introduce yourself and invite them to club activities. People are welcome to join us a few times before they decide to become a member. **And remember—guests must sign a hold harmless that the trail bosses will provide. Please escort the guests to the trail boss of the day!**

Follow our **Facebook page or web page** to all our events, news, and tips are listed. You can even review our club!



### Tips & Activities by Members:



4-H Club Spotlight

#### Hands-On Learning at Tractor Supply



"Thank you to Tractor Supply and all of our horse owners—parents, leaders, and friends—for allowing each 4-H member to participate in a one-on-one, detailed interview about the care of a specific horse," said Project Leader Laura Branch. "This experience helped our 4-H'ers build confidence in their communication, strengthen their record-keeping skills, and gain a much better understanding of the responsibilities and costs involved in caring for a horse."

**Laura Branch**  
4-H Project Leader

The Just 4 Fun 4-H Club recently put "learning by doing" into action during a special meeting at Tractor Supply Company in Haines City, FL. On February 21st, members gathered to begin working on their horse record books, an important part of their 4-H project work. Keira kicked off the meeting by sharing her completed horse record book, providing members with a helpful example to guide their own efforts. Teens then paired off with horse owners—including parents, leaders, and friends—for one-on-one interviews about the care of a specific horse. Together, they discussed essential products needed for proper horse care and researched current prices in the store. Members will continue working on their record books for submission in time for the 4-H Annual Recognition Award Ceremony on August 29th.



We salute **Laura Branch and her 4-H club**, which was recently highlighted in the 4-H County Newsletter. And she's still looking for volunteers.....

Congratulations to **Karen Rossman**, who was recently elected to President of the Florida Forever Back Country Horsemen.

**Mike Charron** got a brand new John Deere tractor, complete with grapple and trailer, for his birthday. Our toys just get bigger with age!

**Sammie Turbeville** is moving closer to back surgery, once he jumps through all the insurance hoops.

**Cathy Botts** is going to be having rotator cuff surgery on her shoulder.

Mary Lou Waugh is having health issues.

The Cazorts are still battling the effects of Covid.

Steve Lassiter is also having major back/hip issues.



## Classifieds:



From Carol Jennings' son:  
**Kiefer 5h LQ.** Mid tack and rear tack. Brakes, bearings, tires, etc all recent. Living Quarters needs a few minor repairs, but is serviceably sound as is Located Live Oak FL \$22,500

**Ray and Sunny Cagle** raise quality hay in Groveland from the "Hay Hay Ray" company. Several of our members swear by their Tifton, and they also have alfalfa and Coastal. Call Sunny at 407-467-7000 for more information.

**Safe Horses for Parties, Weddings, Community outreach,** pictures and/or therapy. Reasonable rates; call Marianne Mozelle, 863-255-7300.

**Marianne Mozelle** now has a coloring workbook based on her horses, and a movie coming out this spring called "Reins of Life." It would make a great gift for youngsters, and proceeds will go to future family movies

Join the club! Meet some great people who love their horses. Follow us on Facebook and visit us online at <https://floridasporthorseclub.com/>. Happy Trails, where we hope to see you soon!



BEMER is a revolutionary technology that utilizes PEMF (Pulse Electro Magnetic Field) to deliver the unique and patented BEMER signal into the body to improve the microcirculation and the body's self-regulating processes. Proper blood flow, adequate oxygen and nutrient transportation, while removing metabolic waste, are essential for your horse's proper and optimum function. Regardless of age or competitive level, the new BEMER horse set is ideal for your horses' well-being.

### Benefits of BEMER Horse Set\*

- > Improves microcirculation and vasomotion.
  - > Promotes relaxation and regeneration after exertion.
  - > Supports parasympathetic processes in the organism.
  - > Increases physical performance and optimizes suppleness.
- > Speeds up the recovery process after injury.
  - > Improves the anesthetic experience and regeneration after surgery.

\*Effects of BEMER physical vascular therapy in horses under training. A randomized, controlled double blind study. 2017, Universita of Milan

**LORI SHANK, DVM / Independent BEMER Distributor**  
email: [lori.shank@bemermail.com](mailto:lori.shank@bemermail.com)  
Phone/text: 863-207-8487



**Florida Sport Horse Club, Inc**  
**Membership New/Renewal Form**  
**August through July, 20\_\_ to 20\_\_**



Please complete the form and return it with your check, **payable to the Florida Sport Horse Club**,  
 Welcome to our club!

Name(s) \_\_\_\_\_  Single      \$15.00  
 \_\_\_\_\_  Family      \$25.00

Joining before September 30? Add a 1-year subscription to Horse & Pony for an extra \$10. Yes \_\_\_\_\_

Total paid: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

Email: \_\_\_\_\_ Birthday: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell: \_\_\_\_\_

Emergency contact name & phone: \_\_\_\_\_

For and in consideration of the activities, services and fees paid, Participant hereby does forever and finally release, remise, acquit, satisfy and forever discharge the Florida Sport Horse Club, Inc. (FSHC) of and from all manner of action and actions, cause and causes of action, suit, debts, dues, sums of money, bonds, billings, contracts executions, claims and demands whatsoever, in law or in equity, which may arise for or against the FSHC for the activities of the Association. This document is meant to be a full and complete release from any and all liability that may arise from participating in the activities of the FSHC. The Participant gives this release freely and voluntarily.

\_\_\_\_\_  
 Signed (include legal guardian if under 19 years of age)

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Other Family Member(s)

\_\_\_\_\_  
 Date

Please submit this form and your membership fee to:

**Florida Sport Horse Club**  
**c/o Susan Buchanan**  
**9210 Evans Road**  
**Polk City, FL 33868**  
**starlabuchanon@yahoo.com**

\*\*The newsletter is sent electronically and is posted on the club's web page each month. If you do not have access to email or Internet, please contact the Club Secretary so it can be snail-mailed to you.